



PRELIMINARY SAFETY & HEALTH PLAN

This Safety & Health Plan has been prepared in accordance with Article 4 (1) (b) of SI 138 of 1995, the Health, Safety & Welfare of Work (Construction) Regulations 1995.

1.0 GENERAL DESCRIPTION OF PROJECT

1.1	Client	Cliffoney Mens Shed Chapel Rd Cliffoney. F91 H932 County Sligo
1.2	Project Supervisor (Design Stage)	Castlegal Architectural Services Castlegal. Cliffoney Co.Sligo
1.3	Project Description	Extension of Old Garda Station Garda Station at Chapel Rd, Ballinphull, Cliffoney, Co. Sligo to create a community hub with, addition of a new first floor extension over existing, new linking stairs ,toilets to include all associated works
1.4	Site Location	Old Garda Station, Chapel Rd, Cliffoney, Co Sligo .
1.5	Drawings / Specification	Tender Issued Dwg.s & Tender docs

1.6	Relevant Adjoining	Lands adjacent Residential house LHS and the RC Church on other side RHS
1.7	Restrictions on Working Hours	8am – 6pm (Monday – Friday) 9am to 6 pm (weekends)
1.8	Site Restrictions and Restrictions	The site is accessed by its own entrance off the main Road and via an entrance adequate to allow vehicles
1.9	Other Contracts that may affect	None
1.10	Intended Contract Commencement	Immediately
1.11	Intended Contract Completion	Within 9 months of commencement
1.12	Phasing at Works	None

2 OTHER WORK ACTIVITIES

The following other work activities, not related to or included within the scope of the project, will be carried out on site during the construction phase.

- 2.1. Continuation only where possible of the function of Cliffoney Mens Shed – where there is a clash , the work of the Mens Shed will give way to the Construction
- 2.2. A second project on the site to construct a new extension to south west elevation of existing station consisting of single reading room area. Contractor to be procured.

PREVENTION OF POLLUTION

The attention of the Contractor is drawn to the necessity to take adequate measures to prevent pollution of any feeder streams by an excess of suspended material resulting from construction work. Pumping of contaminated ground water from excavation directly to any feeder streams shall not be permitted. General water run off from the site shall be settled managed and treated. The Engineer or his Representative on the

site shall, at any time, have the power to order a suspension of operations causing, or threatening to cause, pollution of any feeder streams. In such an event, all costs arising from the suspension and consequent delay will be borne by the Contractor and will not be reimbursed to the Contractor. The Contractor shall take adequate measures to ensure that there are no spillages of diesel or other oils or other chemicals to the sea or its feeds. The presence of the nearby Atlantic shoreline is of particular importance and any spillages into the existing on site drains shall not be permitted and a site-specific proposal for ensuring that no pollution of the aforesaid lake would take place will have to be in place prior to commencement.

TRAFFIC MANAGEMENT

The Contractor shall, following if considered necessary consultation with the Gardai Siochana, Emergency services, Utilities, and Sligo County Council, prepare an appropriate Traffic Management Plan for the Contract.

The Contractor shall at all times make provision for uninterrupted safe access to neighbours of the site.

The Contractor shall ensure that his operations do not put pedestrians at any risk throughout the course of the works.

Where the construction work necessitates the restriction or partial closure of a pedestrian walkway, the contractor shall provide adequate safety barriers, signposts, lighting and temporary surfacing (if applicable) to ensure safe passage for pedestrians.

Where the construction work necessitates the closure of a pedestrian walkway, the Contractor shall provide a safe and reasonable alternative.

Contractors shall refer to and observe the requirements of the DOE Traffic Signs Manual, Chapter 8 – Signs for Roadworks.

Signage shall be in accordance with TS-3 1986 Specification for the Construction of Traffic Signs. Suppliers and manufacturers must have Department of Environment and Local Government certification

The provision and maintenance as necessary of standard construction works and traffic management signage shall be the responsibility of the Contractor and shall be deemed to be included in his rates.

Any signage in place shall be inspected at least twice daily, including just prior to work finishing time each day, so as to ensure that it is in place, secure and appropriately fitted with warning lights as required.

To work finishing time each day, so as to ensure that they are in place, secure and appropriately fitted with warning lights and appropriate signage as required.

Notwithstanding the requirements of the above, all lighting, warning signs, barriers etc. shall be cleaned on a weekly basis, or more frequently as required. Any graffiti or fly posting shall be removed.

The Contractor shall provide sufficient resources on the site, including road sweeping equipment, to remedy any problems arising should haul roads become mucked up and shall take immediate action to resolve them. This is particularly important on the approach to Local Road Network.

CONNECTION TO EXISTING SERVICES

The connection to the ESB network and Telecom Eireann services should be allowed as being extended from the existing building. There are existing storm and sewer manholes under the floor of the existing warehouse, and the works will involve covering over access to these. Adequate future access should be catered for and in particular the existing Storm Gully should be retained as per the drawings but sealed to prevent water coming up inside the building. Storm water from the roof of the warehouse is to be directed to the town system across the access lane. A new Manhole should be constructed adjacent to the building to allow rodding of the foul system.

NOISE

All work shall be carried out without unreasonable noise and disturbance.

PROGRESS PHOTOGRAPHS

The Contractor shall arrange to have record digital photographs of the works at intervals that suit the progress of the works. These digital photographs shall cover such extent of the works as the Engineer shall direct and are to be stored on a CD type Mediator be included in the handover health and safety File. Any prints or digital photographs shall be noted with date of exposure, name and address of photographer, identification reference number and brief description of the work, including chainage and direction of the view.

3 **KNOWN EXISTING SERVICES** (note work near high voltage power lines is dealt with in section 4.4)

3.1 Underground Services Storm and Foul Systems

3.1.1 Water mains Check for Connections on Site

3.1.2 Electric cables Check for Connections on Site

3.1.3 Telephone cables Check for Connections on site

4.1 Works which put persons at works at risk of burial under earthfalls, engulfed in swampland or falling from height, where the risk is particularly aggravated by the nature of the works or processed used or by the Environment at the place of work or site
N/A

4.1.1 Burial under Earthfalls, for example deep Foundations deep cuttings, work in excavation which are in or adjacent to unstable ground, hazardous underground services or where there is a risk or undermining existing foundations. Drainage works

4.1.2 Engulfment in swampland, for example: unstable ground, work adjacent to lakes and ponds or reclaimed ground. N/A

4.1.3 Falling from a height, for example: Roofing and first floor Works as per work schedule/drgs

Where the risk associated with working at a height is likely to be aggravated by the presence of another significant hazard then a particular risk may be present, for example

- Work on or adjacent to fragile roofing Materials Removing existing Roof

- Operations where the nature of the work Or other restrictions make it impracticable To provide standard scaffolding or other Suitable and sufficient means of support Working adjacent to Existing Buildings

4.2 Work which puts persons at risk from chemical or biological substances constituting a particular danger to the safety and health of such persons or involving a legal requirement for health monitoring. None

4.2.1 Where certain materials or substances are to be used, or materials in existing building are to be modified, a particular risk in relation to chemical or biological substances may exist. None

The circumstances of the use of certain materials or substances may give rise to particular risks based on their toxicological or physio-chemical properties, for example:

- The presence of potential presence Explosive atmospheres (including Potential for dust explosions) None
- Work in confined spaces (i.e. areas where there is a possibility of a deficiency of Oxygen or the presence of dangerous Gases or vapours) None

There may be a specific legal requirement for health monitoring where a work activity puts a person's health at risk from hazardous substances or preparations. Where such a requirement exists, the activity must be regarded as involving a particular risk.

4.4 Work near high voltage power lines

- The category includes all high voltage power Lines, including overhead a buried line. ESB cables
It also includes high voltage cables supplying Fixed plant where a significant risk of breaching Cable insulations exist. The safety, Health and Welfare at work (General Application)

Regulations 1993 define high voltage on any
Voltage exceeding 1000 volts alternating current
Or 1500 volts direct current

4.5	Work exposing persons at work to the risk of drowning	N/A
4.6	Work on wells, underground, Tunnels, Underpinning.	N/A
4.7	Work carried by divers at work having A system of air supply	N/A
4.8	Work carried out in a caisson with a Compressed air atmosphere	N/A
4.9	Work involving the use of explosives	N/A
4.10	Work involving the assembly or dismantling of heavy prefabricated components For example;	
	• Heavy pre-cast concrete frame elements or • Heavy prefabricated plant items	Construction per drawings Roofing Works

5. CONTINUING LIAISON

- 5.1 Procedures for dealing with unforeseen eventualities during project execution resulting in substantial design change, which might affect contract period and other resources.
- 5.2 Procedures for considering health and safety aspects of the design elements for the project supervisor Construction stage.

The information contained in this preliminary Health and Safety Plan has been prepared prior to the commencement of the work on site. It does not take account for any matters or information, which may come to light after that time.

Date July 2026